



## Manufacturer Suggested Guidelines for Cleaning Dr. Brown's® Products in Hospital and Clinical Environments

**Disclaimer:** The manufacturer's "Suggested Guidelines" are recommendations based on the current instructions provided with both the Dr. Brown's® Retail and Medical products. ALL recommendations provided are intended to be used as a guideline for supporting individual hospital cleaning requirements and/or infection control policies and protocols.

The Dr. Brown's® products are reusable which requires cleaning prior to first use and after each use.

1. **Prior to first use**, disassemble the bottle system, clean bottle and nipple with soap and water and consider **sanitizing/sterilizing according to one of the options listed below**.
2. The work area and equipment in the infant bottle preparation room/area should always be kept clean.
3. Wash work surfaces with cleaning solution appropriate for food contact before and after use.

### **Suggested options for sanitizing/sterilizing include the following:**

- Microwave steam sanitizing bags (sanitize)
- Top rack dishwasher (sanitize)
- Electric Sterilizer (sanitize)
- Steam Sterilization – Autoclaving (sterilize)
- Other options approved by hospital cleaning requirements and/or infection control policies/procedures.

### **Suggested Cleaning Guidelines following each use:**

- The Dr. Brown's® reusable bottle system should be disassembled, washed with soap and water immediately after use, rinsed well and air dried between each use.
- Prior to each use always inspect the nipple hole for signs of weakening and replace if the integrity of the nipple has been compromised or damaged.
- Dr. Brown's® Non-Metal Bottle Brush and AccuBrush™ should be utilized to eliminate debris from the interior of the Dr. Brown's® bottles/vessels and collars.
- The Dr. Brown's® **wire cleaning brushes** should be used to thoroughly clean the internal vent system (insert and reservoir) and Infant-Paced Feeding Valve ONLY and replaced every 24 hours. Do not use the wire brushes to clean the nipples, as this could damage the material and make the nipple hole larger.
- Use the chevron tip at the bottom of the Dr. Brown's® Non-Metal Bottle Brush and AccuBrush™ to eliminate debris inside the tip of the nipple and assure the nipple hole is clean and open. Breast milk fats or formula residue in the nipple hole could alter the flow rate of the nipple.



**Suggested Daily Sanitization/Sterilization** (Per organization/facility guidelines):

- Consider sanitizing/sterilizing the Dr. Brown's® reusable feeding system at least every 24 hours after cleaning thoroughly with soap and water.

- ***Individual infant use:***

Microwave Steam Sanitizing bags - **The Dr. Brown's® bottle system, nipples, Non-Metal Bottle Brush, AccuBrush™ and one-piece silicone pacifiers can be sanitized via the Dr. Brown's® Microwave Steam Sanitizing Bag** (Letter of validation is available if required – [Letter to support Microwaveable Steam Sanitizing Bags](#))

Each Dr. Brown's® Microwave Steam Sanitizing Bag can be used for a total of 20 times at the following power levels and timeframes:

- 1.5-minutes for 1100W+
- 3-minutes for 800 – 1100W
- 5-minutes for 500 to 750W

**Follow the directions on the side of the bag and observe the “WARNING – SAFETY NOTE” to avoid injury when using.**

- ***Multiple infant use***

Steam Sterilization (Autoclaving) – **All Dr. Brown's® bottle systems, nipples and pacifiers are guaranteed up to 30 cycles of autoclaving.** (Letter of validation is available if required - [Letter to support Steam Sterilization - Autoclave](#))

**NOTE: The Dr. Brown's® Non-Metal Bottle Brush, AccuBrush™ or the Specialty Feeding System Infant-Paced Feeding Valve cannot be Steam Sterilized (Autoclaved).**

**Additional Cleaning Suggestions for Dr. Brown's Cup Products**

- Prior to first use, clean cups and parts with water and soap.
- Cups and parts are top rack dishwasher safe. Microwave steam sterilization may damage some components of the cup.

For further instructions for specific cups: <https://www.drbrownsbaby.com/customer-support/>

**References: *Infant Feedings: Guidelines for Preparation of Human Milk and Formula in Health Care Facilities, 3rd edition 2019, Steele, C and Collins E. Pediatric Nutrition Dietetic Practice Group, American Dietetic Association.***

**Dr. Brown's® Microwaveable Steam Sanitizing Bag and Bottle package insert for Instructions.**